







Summer Food Service Program

2017 HOT LUNCH MENU

June 12-16		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		June 12	June 13	June 14	June 15	June 16	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c Bagel 1oz	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	Crispy Chicken Patty 3oz Hamburger Bun 1.7oz (2 M/MA-CN label)  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Mayonnaise PC	Meatloaf 3oz (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes ½ cup Fruit Cup  Ketchup PC	Chicken w/ Mojo 4oz (3 M/MA) ½ cup White Rice  3/8 cup Green Beans 4 oz Apple Juice	3 ea(1oz) Meatballs w/ Sauce (CN label- 2 M/MA) Bun- 1.5oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
June 19-23		June 19	June 20	June 21	June 22	June 23	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c. Cinnamon Bagel 1 oz.	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	Hamburger 2.7oz (2 M/MA) Hamburger Bun 1.7oz  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Ketchup PC	Teriyaki Chicken (2 M/MA) ½ cup Fried Rice  3/8 cup Kernel Corn ½ cup Fruit Cup	1 Turkey Corn Dog 4oz (2 M/MA & 2 G/B-CN Label)  3/8 cup Green Peas 4 oz Apple Juice  Mustard OR Ketchup PC	BBQ Beef 4oz (3 M/MA) Hamburger Bun 1.7oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
June 26-30		June 26	June 27	June 28	June 29	June 30	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c Honey Bun(Unfrosted) 2oz	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	4 Breaded Chicken Strips (2.5 M/MA-CN Label) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Ketchup PC	Beef Burrito 4oz (3 M/MA & 1 G/B) ½ cup White Rice  3/8 cup Kernel Corn ½ cup Fruit Cup	Salisbury Steak 3 oz (2 M/MA-CN Label) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes 4 oz Apple Juice	BBQ Chicken (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
July 3-7		July 3	July 4	July 5	July 6	July 7	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.		Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c Bagel 1oz	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	Meatloaf 3oz (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes ½ cup Fruit Cup  Ketchup PC	<b>4<sup>th</sup> of July</b>	Chicken w/ Mojo 4oz (3 M/MA) ½ cup White Rice  3/8 cup Green Beans 4 oz Apple Juice	3 ea(1oz) Meatballs w/ Sauce (CN label- 2 M/MA) Bun- 1.5oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
July 10-14		July 10	July 11	July 12	July 13	July 14	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c. Cinnamon Bagel 1 oz.	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	Hamburger 2.7oz (2 M/MA) Hamburger Bun 1.7oz  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Ketchup PC	Teriyaki Chicken (2 M/MA) ½ cup Fried Rice  3/8 cup Kernel Corn ½ cup Fruit Cup	1 Turkey Corn Dog 4oz (2 M/MA & 2 G/B-CN Label)  3/8 cup Green Peas 4 oz Apple Juice  Mustard OR Ketchup PC	BBQ Beef 4oz (3 M/MA) Hamburger Bun 1.7oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
July 17-21		July 17	July 18	July 19	July 20	July 21	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c Honey Bun(Unfrosted) 2oz	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	4 Breaded Chicken Strips (2.5 M/MA-CN Label) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Ketchup PC	Beef Burrito 4oz (3 M/MA & 1 G/B) ½ cup White Rice  3/8 cup Kernel Corn ½ cup Fruit Cup	Salisbury Steak 3 oz (2 M/MA-CN Label) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes 4 oz Apple Juice	BBQ Chicken (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
July 24-28		July 24	July 25	July 26	July 27	July 28	
1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c Bagel 1oz	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	Crispy Chicken Patty 3oz Hamburger Bun 1.7oz (2 M/MA-CN label)  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Mayonnaise PC	Meatloaf 3oz (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes ½ cup Fruit Cup  Ketchup PC	Chicken w/ Mojo 4oz (3 M/MA) ½ cup White Rice  3/8 cup Green Beans 4 oz Apple Juice	3 ea(1oz) Meatballs w/ Sauce (CN label- 2 M/MA) Bun- 1.5oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>July 31- Aug 4</b>		<b>July 31</b>	<b>Aug 1</b>	<b>Aug 2</b>	<b>Aug 3</b>	<b>Aug 4</b>	
<b>1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS</b>	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c. Cinnamon Bagel 1 oz.	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	Hamburger 2.7oz (2 M/MA) Hamburger Bun 1.7oz  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Ketchup PC	Teriyaki Chicken (2 M/MA) ½ cup Fried Rice  3/8 cup Kernel Corn ½ cup Fruit Cup	1 Turkey Corn Dog 4oz (2 M/MA & 2 G/B-CN Label)  3/8 cup Green Peas 4 oz Apple Juice  Mustard OR Ketchup PC	BBQ Beef 4oz (3 M/MA) Hamburger Bun 1.7oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
<b>August 7-11</b>		<b>August 7</b>	<b>August 8</b>	<b>August 9</b>	<b>August 10</b>	<b>August 11</b>	
<b>1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS</b>	Breakfast	Fresh Fruit ½ c. Tootie Fruities Cold Cereal ¾ c.	Fresh Fruit ½ c. Blueberry Muffin 2oz	Fresh Fruit ½ c. Frosted Flakes Cold Cereal ¾ c.	Fresh Fruit ½ c Honey Bun(Unfrosted) 2oz	Fresh Fruit 1/2c. Cinnamon Toasters Cold Cereal ¾ c.	
	Lunch/ Supper	4 Breaded Chicken Strips (2.5 M/MA-CN Label) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Ketchup PC	Beef Burrito 4oz (3 M/MA & 1 G/B) ½ cup White Rice  3/8 cup Kernel Corn ½ cup Fruit Cup  Ketchup PC	Salisbury Steak 3 oz (2 M/MA-CN Label) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes 4 oz Apple Juice	BBQ Chicken (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	
<b>August 14-18</b>		<b>August 14</b>	<b>August 15</b>	<b>August 16</b>	<b>August 17</b>	<b>August 18</b>	
<b>1% WHITE/ FAT FREE CHOC MILK SERVED WITH ALL MEALS</b>	Breakfast	<b>BACK TO SCHOOL WEEK</b> Fresh Fruit ½ c. Cold Cereal ¾ c.	<b>BACK TO SCHOOL WEEK</b> Fresh Fruit ½ c. Blueberry Muffin 2oz	<b>BACK TO SCHOOL WEEK</b> Fresh Fruit ½ c. Cold Cereal ¾ c.	<b>BACK TO SCHOOL WEEK</b> Fresh Fruit ½ c Bagel 1oz	<b>BACK TO SCHOOL WEEK</b> Fresh Fruit 1/2c. Cold Cereal ¾ c.	
	Lunch/ Supper	Crispy Chicken Patty 3oz Hamburger Bun 1.7oz (2 M/MA-CN label)  3/8 cup Mixed Vegetables 4 oz Mixed Fruit Juice  Mayonnaise PC	Meatloaf 3oz (2 M/MA) 1 Dinner Roll (.9oz-1 G/B)  3/8 cup Mashed Potatoes ½ cup Fruit Cup  Ketchup PC	Chicken w/ Mojo 4oz (3 M/MA) ½ cup White Rice  3/8 cup Green Beans 4 oz Apple Juice	3 ea(1oz) Meatballs w/ Sauce (CN label- 2 M/MA) Bun- 1.5oz  3/8 cup Carrots ½ cup Fruit Cup	1- Slice Domino's Pizza (2 M/MA-2 G/B)  3/8 cup Tossed Salad 4 oz Grape Juice  Salad Dressing PC	