



# WARM-UP & TRAINING

Sarasota/Bradenton & Miami/Pembroke Pines November 20<sup>th</sup> to December 20<sup>th</sup>

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Players in our group warm-up will be scheduled to play no earlier than 9am

## GROUP 1 hour Warm-up Session at 7am & 8am

Drills focusing on movement, accuracy, serves and points

1 session: \$30 per player    4 sessions: \$100 per player

## INDIVIDUAL 30 minute Warm-up - Academy Coach

Drills focusing on movement, accuracy, serves and points

1 session: \$40    4 sessions: \$150

## INDIVIDUAL 1 hour Training - Academy Coach

1 session: \$70    4 sessions: \$250

## INDIVIDUAL 1 hour Training - Carlos Casely

1 session: \$200

Individual warm-up sessions can be scheduled starting at 6am

## COMPETITION, TRAINING, AND BOARDING PROGRAM:

Training and Coaching during Eddie Herr, Orange Bowl & Junior Orange Bowl. Participation in all Casely International Championships during stay, 3 Daily Meals, Transportation, Accommodations, 24 hour Supervision, Airport pick-up and Drop-off.

1 week Program: \$1250

4 week Program: \$4000